



**DES MOINES**



# **CITY CURRENTS**

**SUMMER 2015**

**HISTORIC TREASURE**  
Unveiled July 1st

**CITY REPAIRS  
UPDATES**  
Redondo Boardwalk  
Saltwater State Park  
Bridge

**FROM THE CHIEF**  
Coffee with a Cop  
program successes



PR5RT STD  
US Postage Paid  
Seattle, WA  
Permit No. 1123

ECRWSS  
Postal Customer

Photo by Des Moines resident Debbie Angel.

# Shop the Park

FOR ALL OF YOUR PROFESSIONAL SERVICES  
AND RETAIL NEEDS



**HIGHLINE COUNSELING • PIER VIEW CHIROPRACTIC • MIA BELLA SALON • COLORSCIENCE  
SUBWAY PAPA JOHNS • PRICELESS PET CLINIC • SOGGY DOGGY • BK NAILS  
DESERT SUN TANNING • NORMANDY PERK • ROSE PHO • NORMANDY PARK ATHLETIC CLUB  
ACE HARDWARE • CEDAR RIVER FOODS • CAN'T STOP SMACKIN' • MARINA MEDICAL  
NORMANDY PARK MARKET • INTERNATIONAL FREIGHT SYSTEMS • NORMANDY PARK ALE HOUSE  
NORMANDY PARK EXECUTIVE CENTER**

*Normandy Park Towne Center  
19805 1st Ave S, Normandy Park*

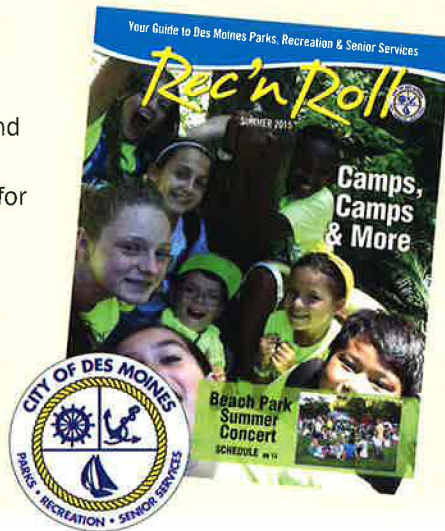
# On the flip side...



## Your Guide to Des Moines Parks, Recreation & Senior Services

Flip the magazine over to check out the summer schedule. Don't miss:

- Plan your summer – Des Moines summer events include concerts, Shakespeare, festivals and more!
- Camp KHAOS – Register for summer camps now!
- Get Out and Have Fun: Outings to Gardens, Restaurants, Golfing, Theatre performances and even American's Music Cities.



# SUMMER 2015

## What's Inside

City Council Highlights	4
Historic Treasure Unveiled	6
City Repairs Updates	8
Summer in Des Moines	10
Senior Events	12
Housing Repair Assistance	13
From the Chief's Desk Personal Safety Tips	14
Dog Bite Prevention	15
Parks and Recreation Facilities Map	17
Parks & Recreation Survey	Insert

Cover photo: Debbie Angel

# The Village at Judson Park

Your Preferred Provider for **Short Term Rehabilitation**  
and **Person-Directed Nursing Care**

Commission of Accreditation for Rehabilitation Facilities (CARF) awarded Judson Park a 5 year accreditation for high quality care services and appointed the Village a special accreditation in Person-Directed Care

*Registered Nursing Staff on site 24 hours a day*

*Physician/ARNPs on site 7 days a week*

*Awarded 5-star CMS rating in staff ratio and quality measures*

*Inpatient/Outpatient (physical, occupational and speech) therapy - Specialized for older adults*

*Our therapists specialize in faster recovery, earlier discharge, and enhanced quality of life*



**JUDSON PARK**  
The Sound Choice for Senior Living  
MANAGED BY ABHOW

23620 Marine View Drive South  
Des Moines, WA 98198  
(206) 423-9712 • judsonpark.com



**CITY CURRENTS**  
**City Council Highlights from**  
**February-April**  
**Ordinance 1618-1620**  
**Resolution 1286-1292**

**Held Public Hearings:**

- Zoning Code and Development Regulations for the Community Commercial (C-C) Zones Properties in the Area Along Pacific Highway South Between South 252nd Street and South 272nd Street
- SV2014-01: Vacation of Public Right-of-Way Within City of Des Moines Known Within the Historic SR509 Right-of-Way Area Between South 220th Street and SR516 Kent Des Moines Road

**Approved the Following Action:**

- Purchase of New Electronic Fuel System for Public Works Service Center
- 2015 Vehicle Purchases
- Draft Resolution No. 15-013, Surplus Property – Vehicles and Equipment
- Dispose of Surplus Property – 1971 36' Fairliner
- Draft Stormwater Comprehensive Plan Briefing
- Des Moines Beach Park Dining Hall Rehabilitation Project – Additional Funding
- Contract Award for Des Moines Beach Park Restroom and Picnic Shelter Tree Damage Repair Project
- Annual Multi City Human Services Funding Program
- Draft Resolution No 15-024, General Employees Compensation
- Draft Resolution No. 15-037, King County Protection District 39 (South King Fire and Rescue) Proposition 1
- Interlocal Agreement Between the City of Des Moines and Des Moines Pool Metropolitan Park District for Master Plan Project Services
- 2015 Comprehensive Plan Periodic Update: General Planning Element, Land Use Element, Housing Element, Community Character Element and Healthy Des Moines Element
- Southwest Suburban Sewer District Comprehensive Sewer Plan
- Saltwater Bridge Seismic Retrofit-Project Update and Additional Contingency Request
- Washington State Future City Regional Competition Proclamation



- Draft Ordinance No. 15-040, Amend the Street Vacation Ordinance No. 1605 by Extending the Date the Petitioner has to Provide Recorded Utility Easements
- South Sound Yachting Season Opening Proclamation
- Reconsideration of Draft Ordinance No. 14-240 (Ordinance 1618) Related to Zoning Code and Development Regulations for the Community Commercial (C-C) Zoned Properties in the Area Along Pacific Highway South Between South 252nd Street and South 272nd Street
- Draft Resolution No. 14-154, Adopting the 2015 Surface Water Comprehensive Plan
- Draft Resolution No. 15-045 Related to the King County Countywide Planning Policies
- Des Moines Lodging Tax Advisory Committee Appointment
- Draft Resolution No. 15-022, Setting a Date for Public Hearing for Vacation of Public Right-of-Way Within City of Des Moines Known Within the Historical SR509 Right-of-Way Area Between South 220th Street and SR516 Kent Des Moines Road
- Comprehensive Plan Period Update: Capital Facilities, Utilities and Public Services Element, Parks, Recreation and Open Space Element, Transportation Element and Conservation Element
- Draft Ordinance No. 15-038 Surface Water Management Rates

- Des Moines Landmarks Commission Appointment
- Amendment to the New Cingular Wireless PCS, LLC Communications Lease Agreement
- Council Chambers Audio/Visual System Upgrades
- Modifications to the Marina Facilities Lease Between the City and CSR Marine South, Inc.
- Draft Resolution No. 15-065 Setting a Date for Public Hearing for Vacation of Public Right-of-Way Within City of Des Moines Known as a Portion of the West Right-of-Way on 7th Avenue South and a Portion of the North Right-of-Way of South 226th Street
- Draft Resolution No. 15-066, Setting a Public Hearing to Consider the 2015 Comprehensive Plan Update
- Redondo Boardwalk Repair
- 2015 Comprehensive Plan Period Update
- Financial Discussion

**Other Action Taken:**

- Pacific Middle School Future Cities Presentation
- Des Moines Yacht Club Presentation
- Recology Cleanscapes Annual Report
- Federal Way Link Extension (FWLE) Presentation
- Public Safety Presentation
- Introduction of Municipal Court Judge

**DES MOINES CITY COUNCIL**



**Dave Kaplan**  
Mayor



**Matt Pina**  
Mayor Pro Tem



**Vacant**  
Councilmember



**Melissa Musser**  
Councilmember



**Jeremy Nutting**  
Councilmember



**Bob Sheckler**  
Councilmember



**Vic Pennington**  
Councilmember

**City Council meets**  
**1<sup>st</sup>, 2<sup>nd</sup> and 4<sup>th</sup>**  
**Thursdays at 7pm**

# DES MOINES DIRECTORY

**CITY HALL**  
 21630 11TH AVENUE SOUTH  
 515-281-9784-4595  
**BUSINESS HOURS**  
 MONDAY – FRIDAY  
 8:00AM – 4:30PM  
 WWW.DESMOINESWA.GOV



**CITY COUNCIL**  
 DAVE KAPLAN, MAYOR DKAPLAN@DESMOINESWA.GOV  
 MATT PINA, MAYOR PRO TEM MPINA@DESMOINESWA.GOV  
 MELISSA MUSSER MMUSSER@DESMOINESWA.GOV  
 JEREMY NUTTING JNUTTING@DESMOINESWA.GOV  
 VIC PENNINGTON VPENNINGTON@DESMOINESWA.GOV  
 BOB SHECKLER BSHECKLER@DESMOINESWA.GOV

**CITY OFFICES**  
 CITY ATTORNEY 206-870-6553  
 CITY CLERK 206-870-6519  
 CITY MANAGER 206-870-6541  
 PLANNING/BUILDING 206-870-7576  
 ENGINEERING 206-870-6522  
 FACILITIES RENTALS 206-870-9370  
 FINANCE DIRECTOR 206-870-6532  
 MARINA 206-824-5700  
 MUNICIPAL COURT 206-878-4597  
 PARKS ADMINISTRATION 206-870-6527  
 POLICE DEPARTMENT 206-878-3301  
 PUBLIC WORKS/PARK MAINTENANCE 206-870-6559  
 RECREATION 206-870-6527  
 SENIOR SERVICES 206-878-1642

**OTHER NUMBERS**  
 EMERGENCY 911  
 AIR CONTROL 206-870-6549  
 CITY HOUSE 206-870-6527  
 FIRE (NON-EMERGENCY) 253-839-6234  
 LIBRARY, DES MOINES 206-824-6066  
 LIBRARY, WOODMONT 253-839-0121  
 POLICE DISPATCH (NON-EMERGENCY) 206-878-2121

**UTILITIES AND SERVICES**  
 CENTURY LINK 800-573-1311  
 CLEANSCAPES 206-762-4900  
 COMCAST 877-778-7008  
 HIGHLINE WATER DISTRICT 206-824-0375  
 LAKEHAVEN WTR/SEWER 253-941-1516  
 MIDWAY SEWER DISTRICT 206-824-4960  
 PUGET SOUND ENERGY 800-321-4123  
 SW SUBURBAN SEWER 206-244-9575  
 WATER DISTRICT #54 206-878-7210

**CALL BEFORE YOU DIG:**  
 UTILITY LOCATES 800-424-5555

**DES MOINES CITY CURRENTS**  
 Des Moines City Currents  
 is published by  
 Philips Publishing Group  
 for the City of Des Moines

## Philips Publishing Group

**PUBLISHER**  
 Peter Phillips 206-284-8285, peter@philippublishing.com  
**ADVERTISING SALES**  
 Peter Phillips 206-284-8285, peter@philippublishing.com  
**CITY CURRENTS**  
 Aileen Linglie 206-870-6552, ALinglie@desmoineswa.gov  
**EDITOR REC N' ROLL**  
 Abbie Nielsen 206-870-6583, anielson@desmoineswa.gov

**SURVEY INSERT** To help in their planning, let the Des Moines Parks, Recreation and Senior Services know what services are important to you. Simply fill out the questionnaire inserted in this magazine and submit by June 30, 2015. We want to hear from you!

**TRANSFORMATIONS Coaching & Consulting**

LAUREEN ROGERS, a Professional Life Coach, will guide you through a creative process designed to ignite your dreams and turn them into reality.

**YOUR PATH TO TRANSFORMATION BEGINS HERE.**

Contact Laureen for more information about 1:1 Vision Board Sessions, Group Vision Board Classes, and Coaching Packages.

Make an investment in yourself today and start living your dreams!

206-218-8304  
 Email: transformations-llc@comcast.net

**Des Moines Waterfront Farmers Market**

Join us every Saturday  
 June thru October  
 10am to 2pm  
 and this season's  
 Wednesday Sunset Market  
 in July & August 3pm to 7pm

Located in the Marina!

**Special Events**

JUNE 6 ..... Opening Day & Food Truck-In  
 JUNE 27 ..... Clutter to Cash  
 JULY 1 ..... Sunset Market's 1st Food Truck-In  
 AUG 8 ..... Health & Fitness Day  
 AUG 29 ..... Clutter to Cash  
 SEPT 12 ..... Kids Day, Field Day 5K  
 OCT 31 ..... Chili Cook Off

More information available at: [www.DMFM.org](http://www.DMFM.org)

# Historic Treasure Unveiled July 1st

THE DINING HALL, BUILT IN 1934 located in Covenant Beach Bible Camp Historic District at Des Moines Beach Park (former home to the City's Senior Services) has been closed since 2002 due to the Nisqually Earthquake and Des Moines Creek flood damage. Since that time the City of Des Moines has worked extensively with federal, state, King County and heritage leaders to save, preserve and reopen this iconic building. **Please join us as we celebrate the reopening of the Dining Hall on July 1, 2015, 4:00 p.m. - 6:00 p.m.**

The Dining Hall was designed by Marvel Johnson, a former camper and one of the first female graduates from the University of Washington School of Architecture. The Covenant Beach Bible Camp Historic District consists of eight rustic craftsman style camp buildings, influenced by Swedish heritage, located within the eighteen acre Des Moines Beach Park, located at 22030 Cliff Avenue South. The setting includes Des Moines Creek which opens onto the saltwater beach of Puget Sound, archaeological components, natural features and a system of paths and trails connecting to the Des Moines Marina.

Phased construction projects over an eight year period include:

**Phase 1** (2008): Structural stabilization and construction

of a new steel foundation spanning the creek, lifting the building three feet above the 100 year flood level, disconnection and capping and/or removal of deteriorated building utilities at a cost of \$1,207,011;

**Phase 2** (2011-2012): Construction of ADA access to the building via ramps, decking and the replacement of exterior apron around building at a cost of \$476,450.

**Phase 3.1** (2012) Modifications to Des Moines Creek with extensive berm walls, deepening and widening of the creek to keep it within its banks and to protect the Historic District at a cost of \$1,241,892; and

**Phase 3.2** (2013-2015) Construction to install structural posts, beams and framing, repair dry rot, replace insulation and plywood sheer walls, install a fire suppression system and grease trap, update interior restrooms for ADA access, replace and reconnect utilities, plumbing, mechanical, electrical and HVAC systems, replace flooring, restore windows, replace doors, replace roof, gutters, downspouts, repair exterior siding and trim, add exterior lighting and paint the building at a cost of \$1,292,623.

Giving credit to the champions that worked with the City of Des Moines to save this resource by providing matching funds totaling

\$1,934,000 include: 4Culture, King County Preservation Office, Washington Department of Commerce and Economic Development, Washington Historic Commission and Washington Heritage Capital Fund with leadership by former Gov. Christine Gregoire, State Senator Karen Keiser and State Representatives Tina Orwall, Dave Upthegrove, and King County Executive Dow Constantine.

Giving praise to the people and organizations that advocated tirelessly to save this resource include: Artifacts, Des Moines Creek Basin Committee, Des Moines Historical Society, Des Moines Landmarks Commission, Des Moines Legacy Foundation, Northwest Covenant Church Council, Seattle Southside Visitors Services, Washington Department of Archeology and Historic Preservation, and especially to the current and past Des Moines Mayor's and City Council's whose vision for the City is: An inviting, livable, safe waterfront community embracing change for the future while preserving our past. Lastly, this project would not have come to pass without the tireless leadership, dedication and passion of former Councilmembers Carmen Scott and Susan White.





# OLYMPIC VIEW DENTAL

GENERAL, COSMETIC  
& IMPLANT DENTISTRY

PAUL A. CHILTON D.D.S.

SCHEDULE YOUR VISIT TODAY



## TAKING CARE OF PATIENTS ONE SMILE AT A TIME

**NEW  
WEBSITE**  
videos and  
animation!

### Olympic View Dental's Expertise in Dental Implants:

- Over 2,000 Dental Implants Restored
- We provide "Teeth in the same Day"
- 24 years in Dentures and Implants



Dr. Paul Chilton

*Dr. Chilton and his highly trained staff bring over 20 years of experience to the world of modern, state of the art dentistry. Our office is conveniently located between Burien and Des Moines, on 1st avenue in Normandy Park.*

**206.824.4700**

19703 First Avenue South, Seattle, WA 98148

To learn more call today and mention this ad  
for a **FREE Consultation**  
and receive  
**50% off 3D image (CBCT)**

### Do You Have Loose or Ill-Fitting Dentures?

There are close to 20 million people who wear dentures in the United States - 3% of those people are ages 18-34. Although traditional dentures can be a way to replace missing teeth they have a number of drawbacks. Dentures can move inside the mouth, irritate the gums, create bone loss and even be responsible for an embarrassing clicking sound when talking. With the placement of dental implants, dentures are secured in the mouth making the denture more stable and even help preserve gum and bone

There are several ways to secure a denture with implants. One successful way is with attachments that "Clip" onto two or more implants, with or without an associated "Bar". This option still allows for the denture to be removable, yet secures it enough to improve a patient's comfort and chewing.

Another successful way is by placing four or more implants and making a "Fixed" denture that is secured into place and has no mobility. A "Fixed" denture is designed for easy cleaning and excellent security. For many patients this is the most comfortable and stable way to secure their teeth using dental implants. The phrase "Teeth in a Day" can also be a part of this process.

If you would like to learn more about "Dental Implants" or "Dentures and Implants", you may visit our website [www.olympicviewdental.com](http://www.olympicviewdental.com) and click on "Implants", "Dentures", or "Bar Attachment Dentures". Or call today and schedule a consultation with our office to receive a discount on the three dimensional image that is used for planning your specific treatment involving dentures and dental implants.

Call today and learn how you can save 15% on **ALL** dental treatment when signing up for the **Olympic View Dental Savings Program.**

**LOOK FOR PROMOTIONS AND SPECIALS AT:**  
[www.olympicviewdental.com](http://www.olympicviewdental.com)

## NEWS & NOTES

### Redondo Boardwalk Repair

As many in the community and region know, the Redondo Boardwalk was severely damaged during a November 2014 storm event and remains permanently closed until repairs can be made. Fortunately, the City has been able to secure approximately \$1,800,000 to restore the facility by building partnerships with state and federal officials. While this financial support covers in-kind replacement of damaged elements of the boardwalk, the City continues to seek additional funding to utilize more resilient materials such as concrete decking in lieu of timber.

Over the spring and summer months, the City will be working with an engineering consultant to finalize design and bidding documents as well as obtaining required permit approvals. Construction is anticipated to occur this fall and winter with the boardwalk reopening early 2016.



### Saltwater State Park Bridge Seismic Retrofit

With much anticipation, construction activities on the 1934 Saltwater State Park Bridge are nearing completion. By the end of May the bridge and Marine View Drive should be open to traffic as well as all State Park amenities. The seismic retrofit work has included below and above ground work that is intended to bring the bridge into compliance with current seismic codes. This work will also ensure that the bridge serves the community for many years to come.

FOR MORE INFORMATION please visit the City's website, under "City News," or contact the City's project manager Andrew Merges at [amerges@desmoineswa.gov](mailto:amerges@desmoineswa.gov) or 206-870-6568.

Specializing in Shampoo Sets, Perms, Frosts,  
Men & Women Haircuts

# Kingdom Kutz

Come see Ms. Dee at the Home of Royalty  
22304 7th Ave S, Des Moines • 206.293.9496

EXPERIENCED STYLIST SINCE 1973



**Advertise in  
City Currents**

Contact Maddie DuBray  
[maddie@philipspublishing.com](mailto:maddie@philipspublishing.com)  
206-284-8285.





# NORMANDY PARK market

**Local • Competitive • Invested in the Community**

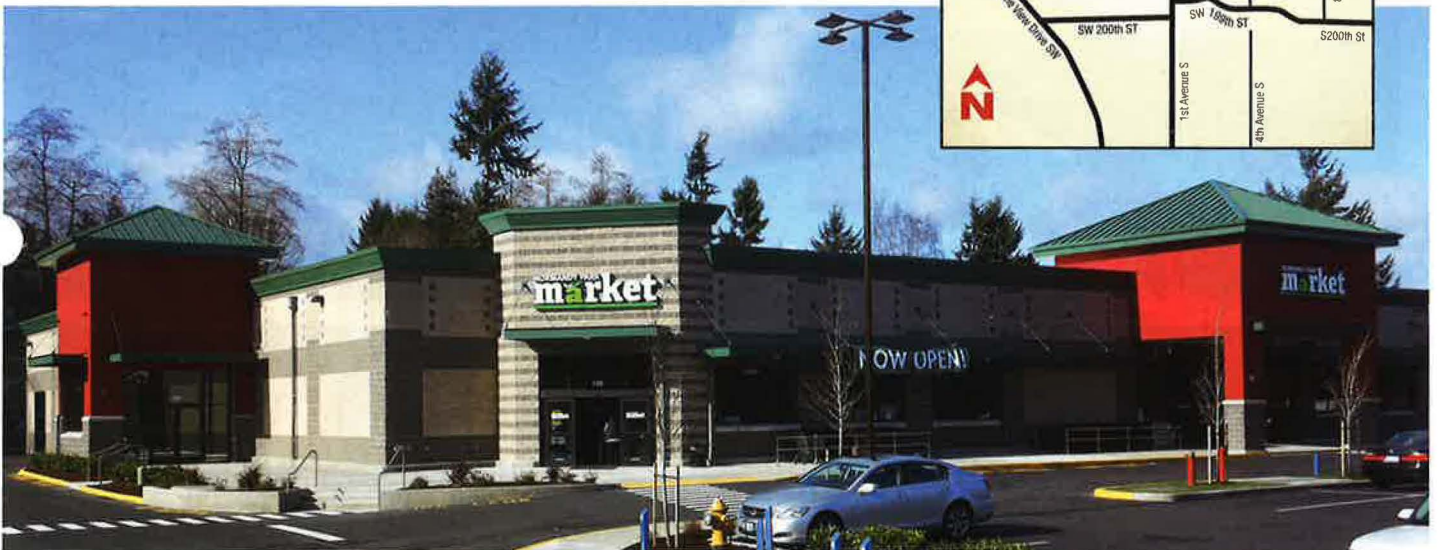
19805 1st Ave S, Suite 100, Normandy Park, WA 98148

(206) 651-7794 • 7am-10pm 7 days



[www.normandyparkmarket.com](http://www.normandyparkmarket.com)

[facebook.com/normandyparkmarket](https://facebook.com/normandyparkmarket)



**\$5 OFF \$25 PURCHASE**

**\$5 OFF**  
\$25 PURCHASE  
on your next visit to  
Normandy Park  
Market

One coupon per person,  
per visit - expires Friday,  
July 10th, 2015

PLU 335

# Welcome



IF BEACHES, PARKS AND SEA LIFE are on your list of things you love, point yourself in the direction of Des Moines Marina, Des Moines Beach Park, tidelands and trails and Redondo Beach Park.

With stunning views of the Olympic Mountains to sunsets on the Des Moines pier to paddleboarding and kayaking, trail walking, beach combing and scuba diving, our beach community is great for enjoying breathtaking outdoor

sites and exciting, recreational activities. The activities continue to youth sailing classes, adventure camps, fishing on the piers, MaST Center's Seattle Aquarium and walking and biking trails.

Summer festivals and events abound begin with the opening of the Farmers Market the first Saturday in June, Summer Sound Sailing Social Thursday Evenings, Summer Beach Park Concerts in July and August, Fireworks Over Des Moines,

Waterland Festival July 17-19, Shakespeare in the Park August 1, Movies in the Park August 7 and 14, Fishing Derby in August and Poverty Bay's Blues and Brews August 29.

ToTheBeachWA.com will link you to great places, year-round adventures, activities and events, your favorite dining establishments, land and water trail maps and much more. Come down to the beach and see for yourself everything that makes Des Moines the place to be.



Celebrate  
Independence Day  
safely — join us at

## FIREWORKS OVER DES MOINES

July 4  
Des Moines Marina



DMMC 9.42.030  
**FIREWORKS PROHIBITED**  
Except as authorized by a permit for the public display of fireworks, as defined in RCW 70.77.160, or for religious purposes as authorized by RCW 70.77.311(2), no person, firm or corporation shall manufacture, possess, sell, store, ignite, explode or discharge any fireworks or firecrackers within the city limits of the city of Des Moines. Violations of this ordinance is a Class 1 Civil Infraction \$513.00.

# mrp

mount rainier pool



in partnership with



## 1975-2015

The Mount Rainier Pool will turn 40 years old this coming September!

It is home to the Mount Rainier High School Rams and Lady Rams swim teams.

It is where Women's 200 IM world-record-holder Ariana Kukors trained.

For the local residents it's where we take swim lessons, go to water exercise, lap swim and play in the water all year around.

In the last four decades we have gone from typewriters to tablets; 8-tracks to digital music libraries. What would you like to see change at Mount Rainier Pool?



## Please Tell Us!

Des Moines Pool Metropolitan Park District has partnered with Des Moines Parks, Recreation and Senior Services in developing a Master Plan to help determine needs and future development.

There is a single survey that asks for your input regarding the city's parks, recreation and senior services and the pool district's aquatics operation.

You can find the survey in the center of this magazine or online at:

[www.surveymonkey.com/r/JK8S8VV](http://www.surveymonkey.com/r/JK8S8VV)

or, fill it out at: Mount Rainier Pool; Des Moines Activity Center; Des Moines Field House; or Normandy Park City Hall  
Contact [info@desmoinespool.org](mailto:info@desmoinespool.org) for any questions on the survey.



## We're turning 40 and we need your help

Thousands of kids learned to swim at Mount Rainier Pool and hundreds of them went on to compete on the high school, collegiate and international levels.

But we can't find any pictures.

If you have any photos or special memories you can share, contact us at: [info@desmoinespool.org](mailto:info@desmoinespool.org)

## Look for our party on Sept. 12

## NEWS & NOTES

### Dance for Parkinson's

In this eight-week program, you will stretch and strengthen muscles, focusing on balance and rhythm through many styles of dance. Working with professional dancers specially trained in the Dance for PD® method, participants learn how to use thought, imagination, eyes, ears and touch to control movement. Whether seated or standing, people with Parkinson's disease, caregivers and friends are encouraged to explore dance movements in a welcoming environment with LIVE MUSIC. No dance experience necessary. Presented by Seattle Theatre Group (STG) and Spectrum Dance Company, These classes are based on the Dance for PD® method, a program developed by Mark Morris Dance Group and the Brooklyn Parkinson Group.

Register at [www.nwpcf.org/Events.aspx](http://www.nwpcf.org/Events.aspx) or call 1-877-980-7500. The summer program is offered on Mondays, June 8-July 27, 2 - 3:30pm, at Des Moines Activity Center. Funds for this class are provided by the Des Moines Legacy Foundation. Suggested donation of \$5.00.

*"They made me laugh out loud, which is harder to do these days."*

- Participant

*"Thank you—we love your time spent with us to help mentally, physically and with a loving spirit!"*

- Participant

### JUNE FIRESIDE CHAT

We continue our informative and interesting Fireside Chats at Des Moines Activity Center. Local community leaders are invited to the center to answer questions and provide information on their area of expertise and the services they coordinate. Our summer Fireside Chat is:

#### JUNE-SENIOR SERVICES REPORT

Join Senior Services Manager Sue Padden and members of the Des Moines/Normandy Park Senior Services Advisory Committee for their 2014 powerpoint report on Senior Services programs, projects and funding.

Tu, 6/9 11:30am DMAC Free

### It's not just dirt...



### PLANNING A CHARITY CAR WASH?

#### Call First! Wash Smart – Use a Car Wash Kit

Car washes can provide a 'good clean fun' way to raise money for your organization. However, run-off from these activities can contain soap and automotive fluids that are toxic to fish, plant life, and degrade water quality. Car wash kits that prevent these materials from entering nearby storm drains are available for check-out from the City at no cost. Charity car washes operating within the City of Des Moines must have a car wash kit in place if there is a risk of discharge to the storm system. For check-out procedures and questions, please contact Ken Thomas at 206.870.6585 or [kthomas@desmoineswa.gov](mailto:kthomas@desmoineswa.gov)

## DESTINATION DES MOINES

# 2015 Summer



### FREE Summer Concert Series Des Moines Beach Park Auditorium

- July 1st** Jewel - Frank Sinatra tribute with the Swingin' Sixties Orchestra
- July 8th** Uncle Ernie - Local classic rock band
- July 15th** Wings n Things - Music of Paul McCartney
- July 22nd** Tubaluba - Capturing the spirit of New Orleans with this brass street rhythm & style they call Jambalaya Brass Rock
- July 29** Picoso - Urban Latin flavor with original salsa & Latin music
- August 5th** Island Jazz Quintet - Vashon Island local jazz quintet
- August 12th** Ayron Jones & The Way - Guitar driven soulful rock from Seattle native following in the tradition of Jimi Hendrix and Stevie Ray Vaughan.



[destinationdesmoines.com](http://destinationdesmoines.com)  
[facebook.com/destinationdesmoines](https://facebook.com/destinationdesmoines)

Food trucks on site, Beer/Wine Garden presented by Destination Des Moines to benefit Des Moines Arts Commission and Destination Des Moines events.

# Housing Repair Assistance Program



The City of Des Moines is once again providing minor home repair services to City resident homeowners who have "extremely low" to "low" incomes based on the U.S. Department of Housing and Urban Development (HUD) income guidelines. This is done by providing free repair services to improve the health and safety of our residents as they live in their homes.

#### SERVICES PROVIDED INCLUDE:

- Electrical – faulty lights, switches, plugs, circuits or exhaust fans
- Plumbing – faulty toilets, clogged drains, leaking faucets, faulty water heaters
- Disability Aids – installation of grab bars, handrails, hand held showerheads, bath seats, high toilets, access ramps and application of non-skid surfaces
- Safety – installation of smoke alarms, security/safety lights, carbon monoxide alarms & locksets
- Other – faulty furnaces, faulty gutters and roof leaks, broken window glass panes

#### HOW DO I QUALIFY FOR THESE FREE SERVICES?

1. Be an owner/occupant within the Des Moines city limits for at least one year with no intention of selling in the next 12 months and have proof of homeowner's insurance
2. Complete the application process

#### HOW DO I APPLY?

To apply for this program please follow these directions:

1. Request an application by calling 206-870-6535
2. Complete the application forms and return them with the supporting documentation to the City of Des Moines/Minor Home Repair at 21630 11th Ave. S. Ste. D, Des Moines WA 98198
3. Once your application is processed and evaluated you will receive a phone call informing you of your acceptance or non-eligibility for our program. Upon acceptance your job will be referred to one of our contractors who will call you to make an appointment to perform those services. Services that are required for your health and/or safety are the highest priority.

Dr. Vivian Bae has been serving the Des Moines/Burien area since 2005. As members of the local community, her office is committed to providing personal, high quality dental care to you and your entire family.



**Vivian H Bae DDS**  
FAMILY DENTAL CARE



20710 1st Ave S, Des Moines, WA 98198 | 206-878-8180 | [www.vivianbaedds.com](http://www.vivianbaedds.com)



**+ PRICELESS +**  
**PET CLINIC**  
AFFORDABLE CARE YOU CAN TRUST

Compassionate, professional, high-quality AND affordable veterinary services for your pet – from routine preventative care to emergency medical treatment. We love your pet!

**Priceless Pet Care—Priced Less!**

**\$15 OFF EXAM FEE**

Expires July 3, 2015

Featured in  
*Patterson Today:*  
*Vet Edition*

19893 First Ave S. Suite 202 Normandy Park, WA 98148  
206-592-6454 • [pricelesspetclinic.com](http://pricelesspetclinic.com)

## FROM THE CHIEF'S DESK



By Chief Delgado

OVER THE PAST YEAR, your police department has taken part in the Coffee with a Cop program in our community. Coffee with a Cop is a national program that we have tailored to fit the Des Moines community. The program encompasses Police Department personnel sitting down with members of the community over a cup of coffee to have a simple dialogue. It is a great opportunity for citizens to talk to department personnel one on one about what concerns them. Some of the common themes have included: concerns over drug houses, speeding traffic, found drug paraphernalia, open air drug deals, prostitution, and the perception of a lack of police presence in their neighborhoods. Coffee with a Cop has provided us with the opportunity to explain why we respond the way we do and the challenges we face. One citizen recently asked me about a typical work day for a patrol officer.

I explained that our officers work three 12-hour shifts, and then take three days off. The shifts are made up of four officers and one Sergeant but with scheduled vacations or sick days, a typical shift is more often than not comprised of three officers and a Sergeant. Officers signing into service advise the dispatch center that they're available to take calls, which are holding for service, as they drive into work. This is due to our take home car policy; our officers are able to immediately assist by handling calls for officers that are on the end of their work shifts. This also helps

to prevent unnecessary overtime costs, as well as allowing on-duty personnel with incomplete case reports to focus on completing those time sensitive documents before they go home. I should note that completion of these reports can take from one to three hours, depending on the complexity of the cases handled during the shift.

A typical day involves 12 hours of responding to calls for service. Calls that range from domestic violence incidents, traffic enforcement, burglary investigations, meeting with citizens regarding court orders, doing follow-up investigations on cases previously handled, assisting Fire/EMS on medical or fire calls, to responding for death investigations. As your Chief, I will say that I am proud of how well our personnel deal with these challenges on a daily bases. Citizens comment to me regularly about the service a member of our agency provided. Our Officers are known for their innovation in providing exceptional service. From our supervisory staff dealing with staffing challenges in ways that do not compromise safety, but take into consideration the need to keep overtime costs down; to plans that Officers develop to address issues affecting neighborhoods during the course

**Coffee with a Cop has provided us with the opportunity to explain why we respond the way we do and the challenges we face. One citizen recently asked me about a typical work day for a patrol officer.**



of their shifts. Another aspect of an Officer's day is the emotional toll that high stress and traumatic call loads can impose. People call the Police Department to address problems when all else has failed and/or people are at a very low point psychologically, and Officers are tasked with removing themselves emotionally and responding in the best interest of public safety.

The Investigative Unit is made up of four Detectives, a Detective Sergeant, and an Evidence Technician. This unit will be the subject of a future City Currents article.

Our civilian personnel are the backbone that make our responding officers more effective. When a citizen calls or visits the Police Department, it is commonly a member of our civilian staff that they'll encounter. Our Records Personnel and administrative staff work around the clock to support our officers and the community with their needs and concerns. They process the reports that Officers submit, address

the needs of our Des Moines and King County Courts, handle issues related to pet licenses, gun permits, residential and business alarm public disclosure requests, and many other tightly regulated processes. These special individuals will be highlighted in a future City Currents article.

As we approach the mid-point of 2015, I ask you as a citizen to consider how you might serve the Des Moines Community as a citizen volunteer. If you have a special administrative/computer skills, if you're a retired police or military member, if you're a retired educator and can help us with literacy outreach in the schools, please consider stepping forward and joining our growing team of Des Moines Police Volunteers. We're currently working to develop teams that do vacation house checks and assist with providing information at small and large events like Waterland Festival and the community 4th of July event. We're also open to your ideas for our growing volunteer program. Let us know how you can help.

As always, your Police Department is here to serve you and we'd like to hear how we can serve you better. Your safety is our concern. Look for the Des Moines Police Department on Twitter or Facebook and actively follow us.

*Here to serve you,  
Chief George Delgado  
Des Moines Police Department*

## National Night Out Is Coming to Your Neighborhood "Crime Prevention is Everyone's Business" Tuesday, August 4, 2015

National Night Out is the one night a year that is dedicated to encouraging neighbors, police and others to improve the quality of life in Des Moines. With the message that cohesive, healthy neighborhoods are key to preventing crime and violence in our community.

National Night Out is an opportunity for all parts of the community including businesses, religious institutions and city agencies to come together around the goal of a safe and healthy community.

If your neighborhood is interested in participating in this year's event or if you would like more information, please call Community Service Officer Tonya Seaberry at (206)870-7619 or email her at [tseaberry@desmoineswa.gov](mailto:tseaberry@desmoineswa.gov).





### Long Lost Love

This afternoon we wanted to share with you a heartwarming story, which showcases the importance of tagging and micro chipping our four legged family members.

The attached photo shows little Trixie who was found roaming loose yesterday. A concerned citizen took her to the local vet hospital and she was scanned for a microchip. The vet hospital then contacted Des Moines PD, who located the registered owner, and she was reunited with her long lost family. The family reports that she went missing two years ago.



Details on where Trixie was all this time are unknown, but her family is thrilled to have her home.

Master Animal Control Officer  
J. Magnuson  
Des Moines Police  
Department  
21900- 11 Av S  
Des Moines, WA 98198  
Desk (206) 870-6549  
Main (206) 878-3301

## No one wants to be bitten by a dog

and we especially don't want our children or pets to be attacked and bitten. Dog bites are painful and can cause additional health issues such as infections, scarring, and emotional trauma.

According to statistics:

- Over 4.5 million people report dog bites annually and probably many more go unreported. Dog attack victims suffer over \$1 billion in monetary losses each year.
- Dog bite injuries are the fifth most frequent cause of emergency room visits for children each year; with the child's face being the most common body part to be bitten.
- Dog ownership and dog bites are on the rise; more people own multiple dogs now than ever before!

Dog Bite Prevention is an important part of our Animal Care and Control program in Des Moines. We frequently do public presentations and participate in public events, working within the community to educate citizens to help prevent injuries by dogs. Teaching adults and children to read canine body language, to approach and greet dogs properly, not to run and scream around dogs, and to leave dogs alone when appropriate, are important messages (among others) that we talk about.

We encourage EVERYONE to call Police/Animal Control for dogs running at large, especially if the dogs are acting threatening. We want to be proactive, so we can prevent dog bite injuries!

*Thank You- Master Animal Control Officer Jan Magnuson*

### TIPS FOR DOG OWNERS

- Alter (Spay/Neuter) their dog (most dog bites are caused by un-altered dogs)
- Socialize, desensitize, and obedience train
- Have their dog in the home and as part of their family
- Provide proper health/ veterinary care, and keep vaccines updated
- Provide adequate food, water, shelter, and exercise
- Keep their dog under proper leash and/or fence control
- License their dog and keep the license tag on at all times
- Micro-chipping is a great back-up form of ID, so we recommend that as well
- Don't keep your dog tied up on a chain

**If a loose dog is acting vicious and threatening the public safety, or if a dog attack/ bite has just occurred, please call 911 immediately. If a dog is loose, but it is not an emergency, you may call our dispatch non-emergency line at 206-878-2121. If you would like to leave me a voicemail regarding an animal complaint, please call my desk at 206-870-6549 and I can call you back. – Officer Jan Magnuson**



## Des Moines Farmers Market celebrates 10th Anniversary

IT IS THE DES MOINES WATERFRONT FARMERS MARKET'S 10th anniversary and lots of new fun events will be happening at the marina. Opening Day is on June 6th, from 10 to 2pm with over 10 Food Trucks.



During the months of July and August, the Market and the Arts Commission joined to bring you a Wednesday Sunset Market from 3-7pm. Patrons can shop, have dinner at the food trucks and then walk a short distance into the Beach Park for the Arts Commission's Free Music in the Park series. The Sunset Market will be at the North end of the marina parking lot. Shuttle service will also be available.

The Farmers Market is reaching out to support local business this coming season. To any Des Moines brick and mortar, independent, locally owned and operated business, the market is offering a free booth space for one market day during the 2015 season to promote their business. To make it easy, canopy, table & chairs will be provided. To participate, go to [www.DMFM.org](http://www.DMFM.org) and download the application and mail it in.

Another exciting event will be the Clutter to Cash sale. People can rent a booth space to sell their clutter (bring your own tables) on Saturday June 27th during the Farmers Market. Space is limited, so reserve early by going to [www.DMFM.org](http://www.DMFM.org) for applications. More upcoming events will be posted on the market's web site and Facebook page.

Click for more 10th Anniversary Celebration exciting events: [DMFM.org/Events](http://DMFM.org/Events).

COVENANT BEACH BIBLE CAMP HISTORIC DISTRICT  
**Dining Hall Ribbon Cutting**  
 JULY 1, 2015 AT THE DES MOINES BEACH PARK  
 22030 CLIFF AVENUE SOUTH BUILDING B  
 OPEN HOUSE: 4PM TO 6PM  
 RIBBON CUTTING: 5PM  
 Community BBQ and performance by  
 Joey Jewell to follow!

4 CULTURE  
 HISTORICAL SOCIETY  
 King County

**Poverty Bay Arts Cruise**

Fine Art Sale • Entertainment  
 Wine • Hor d'oeuvres  
 Silent Arts Auction

**Saturday, Oct. 10**  
 6-10 pm • \$50

**Beach Park Event Center**

[www.BrownPaperTickets.com](http://www.BrownPaperTickets.com)  
 206-870-6527  
[www.desmoineslegacy.org](http://www.desmoineslegacy.org)

Proceeds Benefit Beach Park Summer Concerts and Art on Poverty Bay Sculpture Gallery  
 Presented by Des Moines Legacy Foundation and Des Moines Arts Commission





Des Moines Parks, Recreation and Senior Services and  
 Des Moines Pool Metropolitan Park District  
**2016 – 2021 MASTER PLAN QUESTIONNAIRE**  
 Complete and return this questionnaire by **June 30, 2015**



**Dear Des Moines Resident:**

*The City of Des Moines is currently updating the Parks, Recreation and Senior Services Master Plan and the Des Moines Pool Metropolitan Park District is preparing its first Master Plan for years 2016-2021. To best serve the future needs of our residents, we want to hear what is important to you.*

*Please complete the 2016-2021 Master Plan Questionnaire provided or go online at: [www.desmoineswa.gov/prmasterplan](http://www.desmoineswa.gov/prmasterplan)*

**1** In which neighborhood do you live? (See the parks and neighborhood map on page 17.)

- North Hill       North Central/Pacific Ridge
- Redondo       Marina District
- South Central       Woodmont
- Zenith       Central
- Outside City Limits
- Don't Know
- Normandy Park      Zip Code: \_\_\_\_\_

**2** How many persons within each of the age categories are living in your household?

- Under Age 5
- \_\_\_ Ages 5-9
- \_\_\_ Ages 10-14
- \_\_\_ Ages 15-19
- \_\_\_ Ages 20-24
- \_\_\_ Ages 25-34
- \_\_\_ Ages 35-44
- \_\_\_ Ages 45-54
- \_\_\_ Ages 55-64
- \_\_\_ Ages 65-84
- \_\_\_ Ages 85+

3 Which of the following best describes the race of the members of your household? Check all that apply.

- African American/Black
- Asian/Pacific Islander
- Native American
- Hispanic/Latino
- White/Caucasian
- Asian/Indian

Other: \_\_\_\_\_

4 a) Rank the importance of each of the parks and facilities with one (1) being the least important and five (5) being the most important. (See the parks and neighborhood map on page 17.)

Recreation Centers:	Ranking:
Beach Park Event Center	1 2 3 4 5
Des Moines Activity Center	1 2 3 4 5
Des Moines Field House	1 2 3 4 5

Waterfront Parks/Trails:	Ranking:
Des Moines Beach Park	1 2 3 4 5
Des Moines Creek Trail	1 2 3 4 5
Marina/Fishing Pier	1 2 3 4 5
Redondo Beach/Boardwalk	1 2 3 4 5
Saltwater State Park	1 2 3 4 5

Community Parks/Sports Fields:	Ranking:
Des Moines Field House Park	1 2 3 4 5
Steven Underwood Park	1 2 3 4 5
Zenith Park	1 2 3 4 5

Neighborhood Parks:	Ranking:
Big Catch Plaza	1 2 3 4 5
Dr. Shirley Gordon Park	1 2 3 4 5
Kiddy Park	1 2 3 4 5
Midway Park	1 2 3 4 5
Overlook Park	1 2 3 4 5
Parkside Park	1 2 3 4 5
South Marina Park	1 2 3 4 5
Water Tower Park	1 2 3 4 5
Westwood Park	1 2 3 4 5
Wooton Park	1 2 3 4 5
Other: _____	1 2 3 4 5

b) Have any members of your household visited any of the City of Des Moines' parks or recreation facilities listed above during the last year? Yes  No

c) Rate your satisfaction with the above parks and facilities:

- Excellent  Very Good  Satisfactory   
 Unsatisfactory  No Opinion

Comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

5 Rank the importance of the following improvement options, with one (1) being the least important and five (5) being the most important.

Improvement Options:	Ranking:
Purchase land for future parks, trails and open space preservation	1 2 3 4 5
Build more parks that include play/exercise equipment, sports court, picnic shelter	1 2 3 4 5
Build more sports fields for softball, soccer, football, baseball	1 2 3 4 5
Build more walking and biking trails to connect neighborhoods, parks and schools	1 2 3 4 5
Build a Spray Park play area	1 2 3 4 5
Build a Skate or Bike Park	1 2 3 4 5
Build a community center with a gym, fitness and meeting rooms	1 2 3 4 5
Expand Des Moines Senior Activity Center with a gym, fitness and meeting rooms	1 2 3 4 5
Renovate existing parks and play/exercise equipment areas	1 2 3 4 5
Renovate existing historical facilities (Field House, Beach Park buildings)	1 2 3 4 5
Improve streetscapes with way finding signage, street banners and flowers	1 2 3 4 5
Please list any other priorities: _____	

6 Many of the City's parks and recreation facilities are aging and will require life and safety and/or public access renovations within the next six to ten years for continued use. Check any of the following funding options that you would support.

I would support a Bond or Levy to:

- Build new parks, play areas and recreation facilities
- Replace or repair historic landmarks
- Renovate the existing parks, play areas and recreation facilities.
- Replace or repair the existing Beach Park bulkheads and beach access
- Replace or repair the existing Marina bulkheads, pier and boardwalk

I would support parking or user fees to:

- Renovate the existing parks, play areas and recreation facilities
- Replace or repair historic landmarks
- Replace or repair the existing Beach Park bulkheads and beach access
- Replace or repair the existing Marina bulkheads, pier and promenade

Comments: \_\_\_\_\_  
 \_\_\_\_\_

**7 a)** Rank the importance of recreation activities to the community with one (1) being the least important and five (5) being the most important.

Programs/Services/Events:	Ranking:				
Arts/Beach Park Concerts	1	2	3	4	5
Community Gardening	1	2	3	4	5
Enrichment Programs: Preschool Youth	1	2	3	4	5
Adult	1	2	3	4	5
Senior	1	2	3	4	5
Festivals/Community Events	1	2	3	4	5
Fitness/Wellness	1	2	3	4	5
Free Summer Lunch Program	1	2	3	4	5
Inclusive (Special Needs) Recreation	1	2	3	4	5
KHAOS After School & Camps	1	2	3	4	5
Martial Arts	1	2	3	4	5
Open Gym	1	2	3	4	5
Private Facility Rentals	1	2	3	4	5
Recreation Scholarships	1	2	3	4	5
Sports:					
Youth	1	2	3	4	5
Adult	1	2	3	4	5
Senior	1	2	3	4	5
Technology	1	2	3	4	5
Volunteering	1	2	3	4	5
Waterfront Sports	1	2	3	4	5

What other recreation activities should be offered?

\_\_\_\_\_

\_\_\_\_\_

**b)** Does any member of your household participate in the recreation activities offered by the City?

Yes  No

**c)** If yes, rate the overall quality of your experience with the above list of recreation programs:

Excellent  Very Good  Satisfactory   
 Unsatisfactory  No Opinion

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**d)** If no, what are the reasons?

- Don't have time for recreation
- Don't know about the recreation activities offered by the City
- Can't afford user fees
- Does not meet our household's need

Other \_\_\_\_\_

**8 a)** Rank the importance of each of the listed human services to the community with one (1) being the least important and five (5) being the most important.

Type of Service:	Ranking:				
Childcare Assistance	1	2	3	4	5
Clothing Bank	1	2	3	4	5
Domestic Violence Support	1	2	3	4	5
Early Learning	1	2	3	4	5
Emergency/Financial Assistance	1	2	3	4	5
Food/Nutrition Assistance	1	2	3	4	5
Housing Assistance	1	2	3	4	5
Information & Referral	1	2	3	4	5
Job Training	1	2	3	4	5
Literacy Program	1	2	3	4	5
Medical/Dental/Mental Health Care	1	2	3	4	5
Parenting Education	1	2	3	4	5
Special Needs Programs	1	2	3	4	5
Transportation Assistance	1	2	3	4	5
Other needs not listed:					

**b)** Does anyone in your household benefit from local human services programs? Yes  No

If yes, please list services: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**9** Rank the importance of aquatic programs to the community, with one (1) being the least important and five (5) being the most important.

Aquatic Program:	Ranking:				
Water Safety/Learning to Swim	1	2	3	4	5
Lap Swimming	1	2	3	4	5
Therapeutic Exercise	1	2	3	4	5
Fitness Water Exercise	1	2	3	4	5
Playtime	1	2	3	4	5
Family Outing	1	2	3	4	5
Competitive Water Sports	1	2	3	4	5
Private Rental	1	2	3	4	5
Special Needs	1	2	3	4	5

**10 a)** Does any member of your household use the Mt. Rainier Pool in Des Moines? Yes  No

**b)** If no, what are the reasons?

- Don't know how to swim
- Don't have time for recreation
- Don't know about the pool
- Don't know where the pool is located
- Parking is inadequate
- Can't afford user fees
- Pool is too cool
- Pool is too warm
- Does not meet my need

Other: \_\_\_\_\_



NO POSTAGE  
NECESSARY  
IF MAILED  
IN THE  
UNITED STATES



**BUSINESS REPLY MAIL**  
FIRST-CLASS MAIL PERMIT NO. 920 DES MOINES WA

POSTAGE WILL BE PAID BY ADDRESSEE

CITY OF DES MOINES PARKS RECREATION  
& SENIOR SERVICES MASTER PLAN SURVEY  
1000 S 220 ST  
DES MOINES WA 98198-9801



↑ Fold here with return address showing. Seal with tape at the top and drop in mail box. ↑

**11 a)** Rank your responses to the questions below in order of importance to you, with one (1) being the least important and five (5) being the most important. What would you like to see changed about the Mount Rainer Pool?

Changes to Pool:	Ranking:
Shallow Pool Added	1 2 3 4 5
Separate, Warm Water Pool Added	1 2 3 4 5
Move to a Different Location	1 2 3 4 5
More Time for Family Recreational Swimming/Playing	1 2 3 4 5
Gender Exclusive Swimming Time	1 2 3 4 5
More Spacious Locker Rooms	1 2 3 4 5
Separated Showers	1 2 3 4 5
Other _____	1 2 3 4 5

**b)** What other aquatic facilities should Des Moines have?

Facility Type:	Ranking:
Spray Park	1 2 3 4 5
Water Slide	1 2 3 4 5
Therapy (hot) Tub	1 2 3 4 5
Lazy River (water resistance walk)	1 2 3 4 5
Beachfront (zero) Entry	1 2 3 4 5
Meeting/Event Rooms	1 2 3 4 5
Dry Land Exercise	1 2 3 4 5
Outdoor Social Event Area	1 2 3 4 5
Other _____	1 2 3 4 5

**Thank you for your participation, your response will help us chart the future of your community! Please provide your contact information and e-mail address to receive the latest program, services, and event news from your Parks, Recreation and Senior Services Department.**

Contact Name: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Address: \_\_\_\_\_

City/State \_\_\_\_\_

Zip Code \_\_\_\_\_

**Fax:** 206-870-6587

**Drop off:** Des Moines Activity Center, City Hall or Des Moines Field House, Mt Rainier Pool, Des Moines Schools or, Woodmont and Des Moines Libraries and Normandy Park City Hall

**Mail:** City of Des Moines Parks, Recreation and Senior Services  
1000 S. 220th Street  
Des Moines, WA 98198

**Scan & Email:** Recreation@desmoineswa.gov

To view the Regional Parks and Trails Map, go online to:  
[www.desmoineswa.gov/DocumentCenter/View/32](http://www.desmoineswa.gov/DocumentCenter/View/32)

# City of Des Moines

## Parks & Recreation Facilities



**Park Type**

- Mini-Park
- Neighborhood Park
- Community Park
- ▲ Conservancy
- ▲ Right of Way
- ▲ Pool
- ▲ School
- ▲ Trails
- ▲ Waterfront
- ★ Historic Landmark

**Trails**

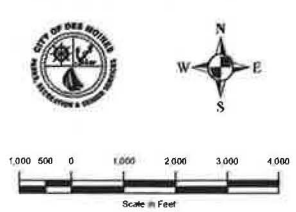
- Barnes Creek
- Des Moines Creek
- Redondo Creek

**SR 509 ROW**

- 

**Planning Areas**

- 



Map Generated: 3/10/2015  
 File: ParkFacilities\_PlanningAreas.mxd  
 ©2015 Des Moines GIS



## City of Des Moines Parks and Recreation Facilities

Parks & Recreation Offices			Acreage	PLAY AREA	BALLFIELDS	RESTROOMS	PICNICKING	BASKETBALL	FISHING PIER/BOATWALK	TENNIS COURTS	NATURAL AREA/TRAILS	RECREATION CENTER	WALKING PATH	CREEK	SCENIC VIEW	BOAT MOORAGE/LAUNCH	PARKING	BICYCLING	FACILITY RENTAL	BEACH	SKATEBOARDING	ART / HISTORICAL SITE	SEATING	
FIELD HOUSE	ACTIVITY CENTER	Facility / Address																						
1	Barnes Creek Trail	Kent-Des Moines Road to 15th Ave. S.	1.2																					
2	Big Catch Plaza	SW corner of S. 216th & Marine View Dr. S.	0.2																					
3	Cecil Powell Park	250th & 13th Pl. S.	0.2																					
4	Des Moines Activity Center	2045 S. 216th Street																						
5	Des Moines Beach Park-Historic District	22030 Cliff Ave. S.	19.6																					
6	Des Moines City Hall	21630 11th Ave. S.	N/A																					
7	Des Moines Creek Trail	Access at S. 200th St. (SeaTac), 18th Ave. S. & 216th St. and 13th Ave. S. & S. 211th St.	9.58																					
	Des Moines Marina	22307 Dock Ave. S.	45																					
9	Des Moines Memorial Park	Marine View Dr. S. & Des Moines Memorial Dr.	0.1																					
10	Dr. Shirley B Gordon Park	2194 S 262nd Ct.	0.86																					
11	Field House Park/Community Center	1000 S. 220th St.	5.2																					
12	Kiddie / City Park	S. 230th St. & 21st Ave. S.	3.2																					
13	Midway Park	S. 221st & 29th Ave. S.	1.6																					
14	Mt. Rainier Pool	22722 19th Ave. S.																						
15	Overlook I Park	Corner of S. 223rd & Cliff Ave. S.	0.1																					
16	Overlook II Park	S. 222nd & 5th Ave. S.	0.5																					
17	Parkside Park	S. 244th St. & 25th Ave. S.	4.4																					
18	Parkside Wetlands	248th St. & 26th Ave.	14																					
19	Redondo Pier, Boat Launch & Boardwalk	Redondo Beach Dr. & Redondo Way	2.79																					
20	S. 251st Park	S. 251st St. and Marine View Dr. S.	5.5																					
21	Sonju Park	24728 16th Ave. S.	9.3																					
22	South Marina Park	NE corner of S. 227th & Dock Ave. S.	0.8																					
23	Steven J. Underwood Memorial Park	21800 20th Avenue South	20.5																					
24	Water Tower Park	208th between 5th & 6th	1.34																					
25	Westwood Park	6th Ave. S. & S. 192nd St.	1.34																					
	Woodmont Park	Woodmont Dr. S. & 12th Ave. S.	8.7																					
	Wootton Park	28202 S. 9th Ave.	2.3																					
28	Zenith Overlook/Beach Access	NW corner of S. 239th & Marine View Dr. S.	0.1																					
29	Zenith Park	NW corner of S. 240th & 16th Ave. S.	5.5																					





## REGISTRATION INFORMATION

**City of Des Moines  
Parks, Recreation  
and Senior Services  
Department**

**PARKS AND RECREATION  
ADMINISTRATIVE OFFICE**  
1000 South 220<sup>th</sup> Street  
Des Moines WA 98198  
206-870-6527  
TDD Line: 206-824-6024  
Fax: 206-870-6587  
recreation@desmoineswa.gov  
www.recreation@desmoineswa.gov  
Hours: Monday – Friday, 8am-6pm

**DES MOINES ACTIVITY CENTER  
OFFICE SENIOR SERVICES**  
2045 S 216<sup>th</sup> Street  
Des Moines WA 98198  
PO Box 98576  
206-878-1642  
seniors@desmoineswa.gov  
www.seniors@desmoineswa.gov  
Hours: Monday – Friday, 9am-4pm

**Resident Priority:**  
Effective January 1, 2010, the City of Des Moines implemented a Resident Discount Policy offering residents discounted fees for recreation programs. Non-residents and city residents who choose not to provide proof of residency will be assessed the full fee for programs.

The Resident Discount ("RD") Fee is available to residents living within the City of Des Moines' jurisdictional boundaries and Senior Adults. To qualify for the "RD" Fee participants must provide proof of residency such as: Valid picture ID with a Des Moines address, Valid picture ID accompanied by a utility bill with their Des Moines Address. Sports Teams qualify for the "RD" Fee when 51% of their players are Des Moines residents (proof of residency will be requested.)

The full program fee will be charged to participants who are not Des Moines residents or choose not to provide proof of residency. Questions related to residency should be directed to 206-870-6527.

**HOW TO REGISTER:**  
**Walk-in:** Check, Cash, Visa/MasterCard.  
**Phone:** Visa/Mastercard.

**Mail-in:** Registration Form with payment by check or Visa/MasterCard information.

Registration forms are available in the offices or online at [www.desmoineswa.gov/recreation/forms](http://www.desmoineswa.gov/recreation/forms)

**HOLIDAY CLOSURE:**  
Monday, May 25, 2015  
Friday, July 3, 2015 Monday,  
September 7, 2015

**Registration Policies:**  
Pre-registration is required for all programs unless otherwise stated.

Registration is taken on a first paid basis. Returned check Fee: \$40 (plus 50% surcharge if collection action needed).

**Refund Policy/Cancellations:**  
When DMPR/SS cancels a program, a full refund or credit will be issued.

Refunds, less a \$10 administrative fee, will be granted when requested a minimum of 5-business days prior to the program/course start date. The administrative fee will be waived if you opt for a credit to be used for another course/program. Credits must be used by the close of each calendar year.

No refund will be issued for:

- Programs costing \$10 or less.
- Programs where admission fee was purchased in advance.
- Special Events.

Medical illness or other extenuating circumstances will be handled on a case-by-case basis. Documentation of circumstance may be requested.

**Disclaimer:**  
Every effort is made to ensure that the information in this Recreation Guide is accurate. Because policies, personnel and funding can change, DMPR&SS reserves the right to amend or modify programs.

**Accommodation of Disabilities:**  
The City of Des Moines is committed to accommodating citizens with disabilities and special needs. Des Moines Parks, Recreation and Senior Services will make every reasonable effort to ensure that programs are accessible. If you need assistance participating in our programs, please call us at 206-870-6527. TTY/TTD 206-824-6024.

**Gender Equity Statement:**  
The City of Des Moines complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective July 26, 2009) that prohibits discrimination against any person on the basis of sex in the operation, conduct or administration of community athletics programs. Third parties, who contract with or receive leases or permits from the City of Des Moines for a community athletic program, are also prohibited from discriminating on the basis of sex.

If you have questions or comments contact Patrice Thorell, Parks, Recreation and Senior Services Director.

## CHANGE YOUR LIFE AND YOUR COMMUNITY

Give back to your community! Volunteers have a positive impact on our community through amazing service projects. We welcome volunteers from all walks of life – individuals or groups. Check out the unique ways you can contribute your time, energy and skills to strengthen this community!

**ADOPT A SPOT PROGRAM** Enhance the beauty of our community. Help us tackle park clean-up, landscaping, tree planting and general sprucing-up. Des Moines Spots available for adoption include Big Catch Plaza, Overlook I and II and South Marina Parks. Contact: Janet Best: 206-870-6547 or [jbest@desmoineswa.gov](mailto:jbest@desmoineswa.gov)

**KING COUNTY BEACH NATURALIST PROGRAM** Volunteers help protect our beaches by enlightening users on ways to enjoy the beach without harming it. Contact: [beachnaturalist@seattleaquarium.org](mailto:beachnaturalist@seattleaquarium.org).

**FRIENDS OF DES MOINES CREEK** partners with community volunteers to remove invasive weeds, replant natives, and maintain and protect the Des Moines Creek buffer. Contact: Laura Hartema-FriendsOfDesMoinesCreek@yahoo.com

**SONJU COMMUNITY ORCHARD & GARDEN** Harvest fruit & vegetables for the food bank or participate in the community garden/pea patch work parties. Contact: Kim Richmond at [friendsofsonjupark@hotmail.com](mailto:friendsofsonjupark@hotmail.com)

**DES MOINES ACTIVITY CENTER** Give back to our community's older adults by lending a hand and you'll feel good too! Seeking: Front Desk Assistance, Trip Drivers and Instructors. Contact: 206-878-1642 or [seniors@desmoineswa.gov](mailto:seniors@desmoineswa.gov).

**DES MOINES PARKS & RECREATION** Inspire our youth! Seeking volunteers to coach or assist with special events. Seeking teens for the youth council program. Contact: 206-870-6527 or [recreation@desmoineswa.gov](mailto:recreation@desmoineswa.gov)

**THE HYDE SHUTTLE** Volunteers urgently needed to drive Senior Services' shuttles in Normandy Park and Des Moines assisting seniors and residents with disabilities safe and reliable transportation for needed socialization, errands, appointments and recreational activities. Contact: [hilaryc@seniorservices.org](mailto:hilaryc@seniorservices.org) or learn more by visiting [www.seniorservices.org/transportation!](http://www.seniorservices.org/transportation!)



**BEACH  
PARK**

DES MOINES • WASHINGTON

Rental Facilities available call today for a quote!

206.870.9370

[www.beachparkeventcenter.com](http://www.beachparkeventcenter.com)

# 2015 Beach Park FREE SUMMER CONCERT SERIES

7PM TO 8:30PM, WEDNESDAYS, AT THE BEACH PARK MEADOW



7/01: JOEY JEWEL



7/08: UNCLE ERNIE



7/15: WINGS N THINGS



7/22: TUBALUBA



7/29: PICOSO



8/05: ISLAND JAZZ QUINTET



8/12: AYRON JONES & THE WAY

MORE DETAILS AT THE DMAC WEBSITE

WWW.DESMOINESARTSCOMMISSION.COM OR CALL 206.870-6527



SEATTLE SHAKESPEARE COMPANY WOODEN O PRODUCTIONS

## FREE SHAKESPEARE in parks across the Puget Sound

### As You Like It

Written by William Shakespeare  
Directed by Annie Laroju

Saturday August 1, 2015

7:00pm at the

Des Moines Beach Park Meadow

22030 Cliff Avenue South Des Moines WA, 98198

Exiled from their home and disguised to avoid attention, Rosalind and Celia seek refuge in the secluded forest of Arden. Once there, the witty pair get caught up in the romantic tangles of the locals and find their own love interests as well.

Sponsored by:



For park maps, show dates and more information, please visit [www.seattleshakespeare.org](http://www.seattleshakespeare.org)

## WIN!

a Beautiful 14" x 17"  
Framed Photograph



Sailboats waiting for the wind just off Des Moines' Pier  
Photographed and donated by Carmen Scott.

Tickets Only \$1

Tickets available at Des Moines Activity Center  
and Des Moines Field House.

Drawing: Wednesday, August 19, 2015 @ 12:30pm  
Need not be present to win.

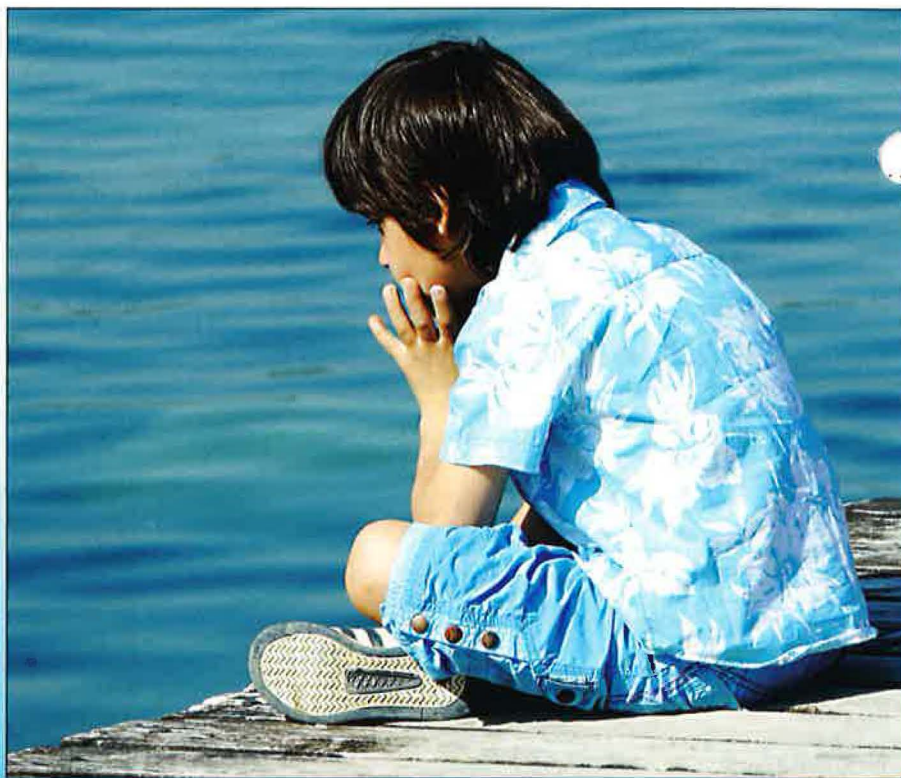
Raffle benefits Des Moines  
Normandy Park Activity Center Programs



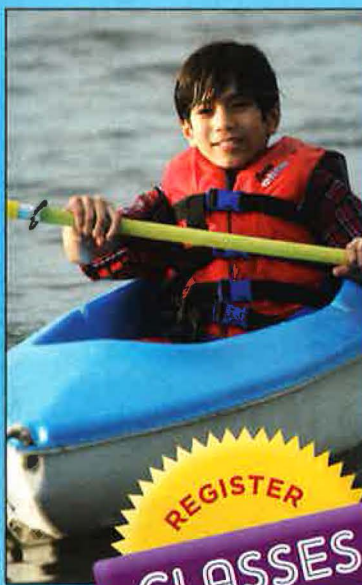


# DON'T KEEP YOUR CHILD STUCK ON SHORE

THERE'S A WONDERFUL, WET WORLD OUT THERE



## IT ALL BEGINS WITH SWIMMING



REGISTER CLASSES TODAY!

- Our pool is home to the AMG Swim School that teaches every student how to be the best swimmer they can be so they can be safe in all aquatic environments
- Our 4-1 student-teacher ratio assures kids learn faster and get the most out of each lesson
- We believe that *Better Swimming is Safer Swimming*

[www.MountRainierPool.com](http://www.MountRainierPool.com)

206.824.4722



**MOUNT RAINIER POOL**  
22722 19TH AVE S  
DES MOINES

### SUMMER 2015 SCHEDULE (Begins June 17)

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 - 7:15 am	Available for rentals	Lap Swim	King Aquatic Club	Lap Swim	King Aquatic Club	Lap Swim	King Aquatic Club 7 - 10 am
7:15 - 8 am							
8 - 9 am		Shallow Water Exercise/Lap Swim	Shallow Water Exercise/Lap Swim	Shallow Water Exercise/Lap Swim	Shallow Water Exercise/Lap Swim	Shallow Water Exercise/Lap Swim	Swim Lessons King Aquatic Club 10 - Noon
9 - 11 am		Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	
11 am - Noon		Swim Lessons Lap/Family swims	Swim Lessons Lap/Family swims	Swim Lessons Lap/Family swims	Swim Lessons Lap/Family swims	Swim Lessons Lap/Family swims	
Noon - 1 pm		Senior/Family Lap swims	Senior/Family Lap swims	Senior/Family Lap swims	Senior/Family Lap swims	Senior/Family Lap swims	Swim Less Lap Swim
1 - 2 pm		Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim
2 - 3:30 pm		Special Events	Special Events	Special Events	Special Events	Special Events	*1 Open Swim (First Saturday only) 2 - 3 pm
4 - 5:30 pm		Swim Lessons King Aquatic Club	Swim Lessons King Aquatic Club	Swim Lessons King Aquatic Club	Swim Lessons King Aquatic Club	Swim Lessons King Aquatic Club	Available for rental 2 - 11 pm*
5:30 - 7 pm		Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Family Swim 6 - 7 pm	*3 - 11 pm First Saturdays
7 - 8 pm	Open Swim	Water Exercise	Open Swim	Water Exercise	Open Swim		
8 - 9 pm	Lap Swim/Exercise	Open Swim	Lap Swim/Exercise	Open Swim	Lap Swim		

## SENIOR OUTINGS

### DAY TRIPS

Explore the Northwest and leave the driving to us!

<b>Grease, 5th Avenue Theatre</b> Seattle	Thur July 9	6:45-10:30pm	\$73
<b>Beer Lovers Outing</b> Tacoma	Wed July 15	10:15am-3pm	\$10
<b>Paul Allen Flying Heritage Museum</b> Everett	Wed July 22	9am-3pm	\$23
<b>Meet the Fleet-Seafair Cruise</b> Seattle	Wed July 29	10:30am-3:30pm	\$70
<b>Zip Line Adventure</b> Bellevue	Wed Aug 5	9am-3pm	\$84
<b>Tree House Point</b> Fall City	Wed Aug 12	10:30am-4pm	\$32
<b>Music Man &amp; BBQ</b> Snoqualmie Falls Forest Theatre	Sat Aug 15	12:45-7pm	\$45
<b>Sightseeing in LaConner</b> LaConner	Wed Aug 19	8:30am-5:30pm	\$15
<b>Diablo Dam Tour</b> Newhalem	Thur, Aug 27	7am-7pm	\$50
<b>Heronswood</b> Kingston	Wed Sept 2	9am-3pm	\$10
<b>Pigs Peace Sanctuary</b> Stanwood	Wed Sept 9	8:45am-5pm	\$15
<b>Whole Foods Market Tour</b> Bellevue	Wed Sept 16	9:30am-2pm	\$9



Spring Outing To Check Out SR99 Tunnel Project!

## GET OUT THERE....

Trips are hosted by the Washington State Association of Senior Centers in partnership with Des Moines Activity Center. Flyers will be available soon. Contact Sue Padden at 206-878-1642 for more details and instructions on how to sign-up!



H. Michael Milley/Wikimedia Commons

### America's Music Cities

October 4-11, 2015

Hosted by Collette Vacations

Travel through New Orleans, Memphis and Nashville and take in the sights including the French Quarter, New Orleans School of Cooking, Swamp Tour, Graceland, Grand Ole Opry show & Backstage Tour, Country Music Hall of Fame and Ryman Auditorium.

Double: \$2,620

Single: \$3,329

Triple: \$ 2,599

Price includes round trip airfare from Seattle, taxes and fees, surcharges and hotel transfers.

Final payment due August 4, 2015. Travel Insurance recommended at \$205 per person.



## SENIOR OUTINGS

### HORTICULTURE OUTINGS

Explore lush and varied Northwest gardens and nurseries. No-host lunch and garden admission fees when applicable.  
**Age 50+                      \$9 Transportation Fee or \$5 car-pool**

**FRIDAYS DESTINATION:**

Friday, June 12	Iris Gardens, Olympia	9:30am
Friday, June 26	Chinese Reconciliation Garden and Point Defiance Park, Tacoma	9am
Friday, July 17	Cedar River Watershed Tour	8am
Friday, July 31	Gig Harbor	9am
Friday, Aug 14	Schmidt House & Rose Garden, Tumwater	9am
Friday, Aug 21	Marenakos Rock Center, Issaquah	9am
Wed, Sept 2	Heronswood Tour *\$10	9am



### Golf Outings

Enjoy playing 9 holes at Puget Sound courses. Transportation is available on a first paid basis. All players draw numbers to determine playing partners and tee position.

**\$9-11 Transportation Fee                      No Host Green Fee & Lunch**

Departure Times: 8-8:30am\*                      Return time: Varies

Date	Course/City	Green's Fee
June 15	Bellevue	\$28
June 29	Jade Green, Auburn	\$15
July 13	Lipoma, Puyallup	\$17
July 27	Horseshoe Lake, Port Orchard	\$25
Aug 10	Mystery Trip	\$27
Aug 24	Meadow Park, Lakewood	\$18
Sept 14	Cedar Crest, Marysville	\$17

\* Meet at the course option: must be enrolled by Thursday prior, \$5 program fee applies.



### MEET TO EAT

#### Out to Lunch

Enjoy a no-host lunch at new and old favorite eateries around the Sound.  
**Age 50+                      \$9 Transportation Fee**  
**Departures 10:30-11am                      Return 2pm**  
 Friday, Aug 7                      Ray's Boat House Cafe, Ballard  
 Friday, Sept 4                      Coho Cafe, Issaquah

#### Dinner with Friends

Enjoy no-host dining garnished with laughter and companionship.  
**Age 50+                      \$9 Transportation Fee**  
**Departure 5pm**  
 Tuesday, June 9                      Bahama Breeze, Tukwila  
 Tuesday, July 7                      The Greek House, Burien  
 Tuesday, August 11                      Via Marina, Des Moines  
 Tuesday, September 8                      The Cheesecake Factory, Tukwila



## SENIOR ACTIVITIES

### Dance for Parkinson's *Do you have a movement disorder?*

Dance for Parkinson's is designed for you! Stretch and strengthen your muscles, focus on balance and rhythm through many styles of dance and discover how to use your thought, imagination, eyes, ears and touch to control movement in a welcoming environment accompanied by live music. Caregivers and friends are invited to join in! No dance experience necessary.



**Adults** **\$5 Suggested Donation**  
M June 8 - July 27 2-3:30pm Activity Center

### Sunday Afternoon Dance

Dancing stimulates your mind, body and soul! Join us on Sundays for live dance music with Randy Litch! Stafford HealthCare provides hot beverages and a door prize - you bring finger-food refreshments!

**Adults of all ages welcome!**  
1-3pm \$5 Activity Center

Su June 28  
Su July 26  
Su August 23



### BLUEPRINT FOR LIVING WORKSHOPS

*Join us for provocative presentations designed to enhance your independence.*

#### AARP Smart Drivers

Discover how to be more aware in today's traffic. Reinforce your good habits and iron out the little bad habits that have crept into your driving pattern. Upon completion of the course your certificate will get you a discount on your auto insurance as required by state law.

Lunch break provides an opportunity to take advantage of the Nutrition Lunch Program. For more details on the lunch program call 206-878-1642.

**Age 50+** **\$15AARP Member/\$20AARP Non-member**  
Tu/W Sept 15 & 16 10am-2:30pm Activity Center



## FRIENDSHIP FITNESS FUN(D)

Recreation programs provide opportunities for friendship to bloom, wellness to thrive and community bonds to strengthen all under the concept of Fun! Des Moines Parks & Recreation partners with Des Moines Legacy Foundation and Rotary Club of Des Moines to offer **Friendship Fitness Fun(d) Scholarships** for families in need.

Your contribution provides gifts of joy for scholarship recipients and is a long-term investment in our community's well-being. The success is dependent on your ongoing contributions.

#### TWO WAYS to make a tax deductible contribution to the **Friendship Fitness Fun(d)**:

- ★ **Make a \$1 or more contribution** each time you enroll in a Parks, Recreation and Senior Services program or schedule a facility or field.
- ★ **Contribute to Des Moines Legacy Foundation-Youth Scholarship Fund**  
Des Moines Legacy Foundation  
PO Box 13582 Des Moines WA 98198  
[www.desmoineslegacy.org](http://www.desmoineslegacy.org)

#### IN NEED OF FINANCIAL ASSISTANCE?

Complete a **Friendship Fitness Fun(d) Scholarship Application**

Scholarships are granted on the basis of demonstrated financial need, eligibility requirements and are limited to \$150 per child, per year. Applications accepted in person during office hours. For more information call 206-870-6527.

## ADULT ENRICHMENT

### Dog Obedience

Love your dog but all the chewing, jumping, barking and little "accidents" testing you? Dog Obedience should turn your little "terror" into a well-behaved pet. Proof of vaccination is required at first class. Instructor: Jan Magnuson, Animal Control Officer, Champion Trainer.

<b>Dogs 4+ months</b>	<b>\$85R \$89NR</b>
Th Aug 6-Sept 10 7:15-8:15pm	Field House
<b>One day Intro; Dogs 4+ months</b>	<b>\$24</b>
Sa Sept 19 10:30am-12pm	Field House

### Adult Men & Coed Fall Softball League

Batterup! Slide your team into late summer action and enjoy great competition and friendly bantering! Each team plays 14-games and participates in a single elimination post-season tournament. Team Registration Deadline: July 8, 2015.

<b>\$940R \$995NR includes sales tax</b>	<b>Field: SJUMP</b>
<b>Monday Night Co-ed Recreation Division</b>	League Play Aug-Oct
<b>Tuesday Night Men's Recreation Division</b>	League Play Aug-Oct

## ADULT & SENIOR FITNESS

### Zumba

Ditch the workout – Join the Party! Working-out is healthy, rewarding and beneficial, but it's never been known to be exhilarating until now! Zumba® fuses hypnotic Latin rhythms and easy to follow moves to create a unique program that will blow you away and help you achieve long term benefits.

<b>Adults</b>	<b>\$32R \$37NR 5-class punch card or \$10/drop-in</b>
M Ongoing	6-7pm Field House

### Energy Yoga

Release stress and re-direct your energy to gain a sense of well being. Sustained poses and gentle stretches will improve muscle strength, range of motion, balance and stability reaching the deep core muscles that stabilize the spine and increase flexibility. Bring a yoga mat. Instructor: Rhonda Allison.

<b>Adults</b>	<b>\$36</b>
M June 4-July 9 11am-12pm	Normandy Park Community Ctr

### Enhance Fitness

Improve physical conditioning levels and decrease the risk of falling with stretching, low-impact aerobics, strength training and balance exercises. Gym-type shoes are required and a water bottle always recommended. Cosponsors: Group Health and Senior Services. Instructor: Mary Brown.

<b>Adults</b>		<b>Field House</b>
T/Th/F June 2-30	8:45-9:45am	\$39
T/Th/F July 2-31	8:45-9:45am	\$39
T/Th/F Aug 4-28	8:45-9:45am	\$36

### PiYo

PiYo is a total-body fitness system designed to whip you into shape from head to toe. It combines the practices of Pilates and yoga to help you build strength, lose weight, increase flexibility and have a great time doing it. It is low impact, yet high intensity. No weights, no jumps, just results! Instructor: Cristina Middleton, Beach Body PiYo certified

<b>Adults</b>	<b>\$32R \$37NR 5-class punch card or \$10/drop-in</b>
M June 1-Aug 31 5-6pm	Field House

### Sunset Yoga @ Overlook Park

Start your weekend stress free doing Yoga and Meditation. Enjoy a deep connection with yourself and Mother Nature. Focus on Breath, Asana and Body awareness. Bring water, yoga mat, blanket/towel & dress according to weather. Instructor: Emilie Ludlow/Kim Konopaski

<b>Adults/all levels</b>	<b>\$36R \$40NR</b>
F June 5-26	7:30-8:45pm Overlook Park II
F July 10- 31	7:30-8:45pm Overlook Park II
F Aug 7-28	7:30-8:45pm Overlook Park II



## Waterland 5K FunD Run & Walk

July 18, 9am All Ages  
Des Moines Beach Park

\$20 Advanced Registration at  
[www.desmoineswa.gov](http://www.desmoineswa.gov)  
\$25 Day of Registration



206-870-6527 or [recreation@desmoineswa.gov](mailto:recreation@desmoineswa.gov)

Sponsored by Des Moines Parks, Recreation  
& Senior Services to benefit Inclusive Recreation



# Des Moines Olympic Outdoor Center

Programs offered in collaboration  
with Des Moines Parks and Recreation



## CAMPS AND CLASS DETAILS

Camp Fee includes:

- Kayak and Paddleboard Equipment
- Professional Instructors with first aid certification
- Participant Personal Gear Requirements provided upon registration.

Class Location: Des Moines Marina, 22307 Dock Avenue

## REGISTRATION

Des Moines Parks and Recreation - 206-870-6527

### Seafarer Kayak and SUP Camp

What is summer without getting on the water and enjoying a memorable introduction to kayaking and paddleboarding. Every Seafarer gets fitted in equipment just their size before learning basic skills such as paddle strokes, wet exits, water safety, teamwork, local marine life, and more. Visits to local beaches and parks include Leave No Trace ethics, play game, a super fun last-day party and more.

Ages 7-10	\$225	
Seafarer-Girls	9am-1pm	6/29-7/3
Seafarer	9am-1pm	7/13-17
Seafarer	9am-1pm	7/27-31
Seafarer-Girls	9am-1pm	8/10-14
Seafarer	9am-1pm	8/24-28

### Explorer Kayak and SUP Camp

Amazing instructors offer super-fun games and your-size equipment. Explorers learn the skills needed to be a kayaker and standup paddle boarder: efficient paddle strokes, water safety, capsizing recovery, teamwork, navigation, Leave No Trace ethics, marine ecology, personal flotation device fitting, kayak parts and much more. Visit or be visited by seals, sea cucumbers and other wildlife! Open to experienced younger paddlers on request.

Ages 11-13	\$225	
Explorer-Girls	9am-1pm	6/29-7/3
Explorer	9am-1pm	7/13-17
Explorer	9am-1pm	7/27-31
Explorer -Girls	9am-1pm	8/10-14
Explorer	9am-1pm	8/24-28

### Introduction to Kayaking

Learn the basics of sea kayaking and get comfortable in a kayak starting with an on-the water tour with the instructor in a **stable single kayak**. Instructor will cover basic kayak safety, paddle strokes, how to fit a kayak and personal flotation device, proper techniques, nomenclature and basic design, body dynamics for efficient strokes, how to choose a kayak for your needs, getting into and out of a kayak and other important basic skills that provide a strong foundation for a lifetime of paddling.

Age 15+ & Adults	\$69	
Sundays	June – August	10am-1pm

### Introduction to Paddleboarding

Ready to have some serious fun and start creating abs of steel? Get a full body workout while learning all the basics of this sport that's taking over the waterways.

Course covers: proper stances for balance and control, efficient paddling strokes, how to choose the best board and paddle, proper technique, how to turn, safety, how to get back on your board and more.

Age 15+ & Adults	\$69	
Saturdays	June – August	9am – Noon

Enjoy more Kayak and Paddleboard Adventures at Olympic Outdoor Center!

### Sunset Kayak & Paddleboard Tour

Seals, eagles and other wildlife often join us as we paddle into the evening. Treat yourself, friends and family to an evening of fun and relaxation. First a paddle and safety lesson before heading onto the water in a stable double kayaks. Available as a private tour of four or more people.

All ages - No experience needed and all ages welcome!

Su-Sa	6:30pm – 8pm	Adults \$49 / Under age 17, \$29
-------	--------------	----------------------------------

### Daily Kayak Tours Using Double Kayaks.

June – August	10am-12pm	Adults \$49
---------------	-----------	-------------

Register online at: [olympicoutdoorcenter.com](http://olympicoutdoorcenter.com)

### Kayak, Paddleboard & Equipment Rentals

No reservations,  
first come, first serve  
Groups of five or more:  
[programs@kayakproshop.com](mailto:programs@kayakproshop.com)  
or call 360-297-4659

#### TWO LOCATIONS

Redondo Beach Dr S  
& Redondo Wy S

Des Moines Marina  
22307 Dock Avenue

## YOUTH ACTIVITIES



### TODDLER/PRESCHOOL

#### Mini Kickers

Start soccer off right with an introduction to warming-up, stretching, dribbling, passing, shooting and defensive work. It's a great opportunity for kids to meet other kids from the community. Participants receive a new soccer ball! Facilitators: Staff

##### Age 3-5

M-F	June 22-26	5-6pm	\$30R \$35NR Field House
M-F	July 13-17	5-6pm	Field House
M-F	Aug 10-14	9-10 am	Field House

### YOUTH

#### Fishing with your Kids

Dads, Moms and Grandparents - teach your child(ren) different ways to fish our local Washington waters for salmon, steelhead or sturgeon and learn techniques to make every outdoor opportunity a success. Most methods demonstrated are from a boat however some bank fishing will be covered.

<b>Fishermen &amp; women of all ages</b>		<b>\$30R \$35NR</b>
Th	July 9 & 16	6-8pm Field House

#### Kokondo Martial Arts

Learn basic karate including blocks, kicks and strikes. Emphasis placed on effective street self-defense; you will learn to defend yourself against punches, grabs, chokes, bear hugs and more. Instructor: Gerry Flock

<b>Age 12+</b>		<b>\$25R \$30NR</b>
W/F	June 3-26	5-6:30 pm Field House
W/F	July 1-31	5-6:30 pm Field House
W/F	Aug 5-28	5-6:30 pm Field House

#### Tiger Kids Martial Arts Course Overview

Instructor: Mitch Mayberry, International Champion, 9th degree Master  
Fee: all participants must pay the \$14 AAU Membership in addition to the individual course fees. Uniforms optional and available from the instructor.

#### Tiger Kids Martial Arts & Fitness

Have fun while developing coordination, focus and fitness. Students can progress in belts & learn the simple moves of Taekwondo to the cool moves of Ninja Turtle (Kobudo Weaponry) in a step by step manner promoting confidence & achievement. Bag kicking & Jedi Warrior sparring included for fun.

<b>Grade 1 &amp; up</b>		<b>4:45-5:25pm</b>
<b>Colored belts</b>		<b>4:45-6pm</b>
W	June 24-Aug 12	\$85R \$90NR

#### Tiny Tigers Taekwondo

A fun and less intense Martial Arts program focusing on fun and fitness while developing motor skills, coordination and improved listening skills through the use of games and training aids including bag kicking and sword play for fun.

<b>Ages 3-6</b>		
W	June 24-Aug 12	4:15-4:45pm \$85R \$90NR



## OUTDOOR FAMILY MOVIE NIGHT

Aug 7 \* **Goonies** | Aug 14 \* **Big Hero 6**

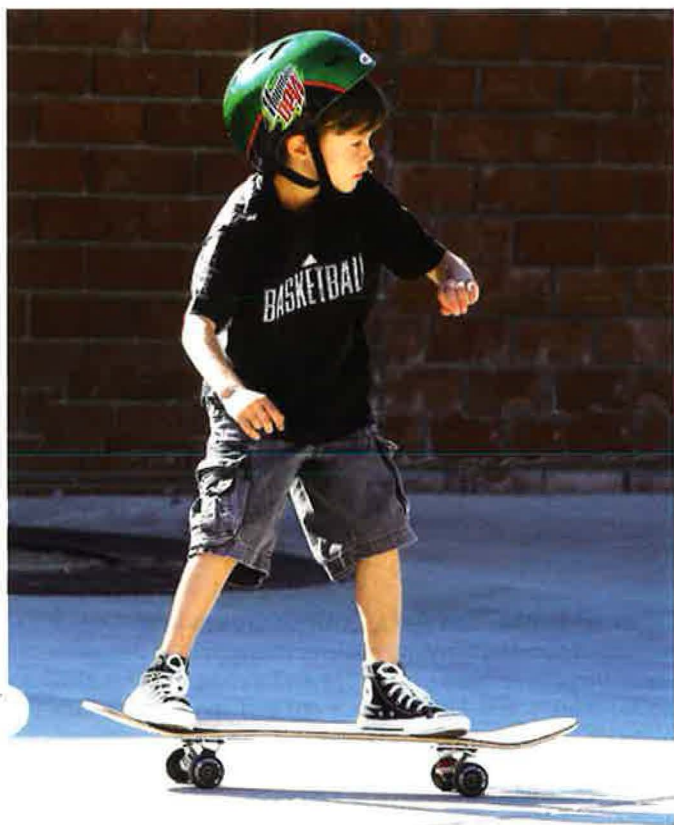
Grab your blanket and/or lawn-chair and join us for family-friendly movies under the stars! Seating begins at 8pm and movies begin at dusk.

LAW OFFICES OF GEHRKE,  
BAKER, DOULL & KELLY



Des Moines Orthodontics  
Douglas Peyton DDS, MS

## YOUTH CAMPS



### Skateboard Camp

Learn to safely navigate the skate park like a pro! Beginner students will learn the basics of skateboarding; push, stop, turn and manual. Intermediate students will learn shuck-its, kick flips, grinds and more! Helmet and Skateboard required. Instruction: All-A-Board & Alchemy staff

**Age 4+** **\$60R \$65NR**  
 M/W/Th July 13-17 9-11:30am Beginners Des Moines Skate Park  
 M/W/Th July 13-17 12-2:30pm Intermediate Des Moines Skate Park

### Youth Sailing Camp

Designed for kids, this course combines on-the-water experience with dock-side activities and trainings. Focus is on safety on the water, sailing basics and nomenclature, wind awareness, rigging, rules of the road and sailing etiquette. On the water instruction takes place just west of the main breakwater and instructors accompany students with a chase boat.

**Age 11-15** **\$50R \$55NR\***  
 \*K2 Camp participants are eligible for fee reduction.

M-F	Aug 3-7	1-4pm	Beginning Youth	Des Moines Marina
M-F	Aug 10-4	5-8pm	Beginning Youth	Des Moines Marina
M-F	Aug 17-21	5-8pm	Intermediate Youth	Des Moines Marina
M-F	Aug 24-28	1-4pm	Intermediate Youth	Des Moines Marina

### Help a Child Attend a Camp or Activity

Your contribution gives local children and teens the opportunity and joy of attending Des Moines Parks and Recreation programs! Make a donation at [www.desmoineswa.gov/recreation](http://www.desmoineswa.gov/recreation) or by calling 206-870-6527.

### Tennis

Get into the swing of tennis and enjoy fun, age appropriate skill development and fundamentals. Classes are designed by skill level and then age. Note: Coach may move students to a different class based on skill level. Instructor: Patrick Nam, Head Coach at Todd Beamer HS.

Session-1	M/Th	June 1-25	Field House Courts
Session-2	M/Th	July 2-30	Field House Courts
Session-3	M/Th	Aug 3-27	Field House Courts

**Age 6-10** M/Th 3:00-3:45 **\$65R \$70NR**

Designed for kids to have fun and learn to play a great sport

**Junior Level-1** M/Th 3:45-5:00 **\$85R \$90NR**

Beginner-Intermediate (HS JV to C-team) Fundamentals, correct grips and basic stroke production.

**Junior Level-2** M/Th 5:00-6:15 **\$85R \$90NR**

Intermediate-Advanced (HS JV to Varsity) Footwork, tennis strategy/tactics, modern ground-strokes & volleys.

**Age 18-Adults** M/Th 6:15-7:30 **\$85R \$90NR**

Beginner, intermediate or recreational Enhance skills and benefit from a good workout.

## Picnic in the Park!

**FREE!**

Be part of a new summer activity featuring a nutritional lunch, snack and supervised recreation activities. Trained Parks and Recreation staff lead activities that promote fun, fitness, creativity and offer youth the opportunity to develop friendships through active play, arts and crafts, games and team building. Children are free to come and go during the day and pre-registration is suggested. Drop-ins welcome!

**June 17-Sept 2**

**Midway Park, S. 221st & 29th Ave S, Des Moines**

M-F	Activities	12:30-5:30pm	Ages 4-18
M-F	Lunch Served	12:30-1:00pm	Age 1-18
M-F	Snack Time	2:45-3:00pm	Age 1-18





## YOUTH SPORTS



### LEAGUES

#### Fall Youth Recreation Soccer League

Registration is open between June 1 and Aug 31. Birth Certificates are required. U-6 coed age 3-5, U-8 coed age 6-7, U-10 boys age 8-9, U-10 girls age 8-9

<b>Season Dates: Aug 20-Oct 31</b>	<b>Des Moines Fields</b>
\$60R \$65NR	June 1-30
\$65R \$70NR	July 1-31
\$75R \$80NR	Aug 1-20

#### Coaches Meeting Information

Coch-Pitch	May 19	5:30pm	Field House
Tee-Ball Coed	May 19	5:30pm	Field House
Fall Soccer Coaches	Aug 11	5:30pm	Field House

### SPORTS CAMPS

#### Basketball Training

Improve your basketball skills with Coach Michael Johnson, formerly of South Sound Athletics, and build the necessary confidence to be a successful B-ball player.

Features:

Training and conditioning / Passing, shooting, dribbling and playing without the ball in your hands!

Gain these skills:

In/Out crossover / In/Out pin move / Jab step / Shooting mechanics / Jump stop step through / Ways to make your teammates even better! Coach Johnson brings with him the knowledge, passion and skills to improve any basketball player at any skill level.

<b>Age 7-16</b>			<b>\$120R \$125NR</b>
T/Th	June 2-30	5:30-6:30pm	Field House
T/Th	July 2-30	5:30-6:30pm	Field House
T/Th	Aug 4-27	5:30-6:30pm	Field House

#### UK International Soccer

They are back for three exciting camps! Coaches: UK professionals.

Week 1	July 14-18	Field House
<b>Age 4-14</b>	<b>9am-12pm</b>	<b>\$106R \$111NR half-da</b>
<b>Age 8-14</b>	<b>9am-3pm</b>	<b>\$165R \$170NR full-da</b>
Week 2	Aug 10-13	Field House
<b>Age 4-14</b>	<b>5:30-7:30pm</b>	<b>\$66R \$71NR</b>

Interested in hosting a UK Coach for the week? Contact Rick at 206-870-6586, email [stewart.boniface@uksocca.com](mailto:stewart.boniface@uksocca.com) or go to [www.uksocca.com](http://www.uksocca.com) for details.

#### Rams Hardwood Basketball Camp

Players will receive expert instruction focused on individual development and team work. Improve dribbling, shooting, rebounding, and other essential basketball skills and use them in games and competition. Facilitators: Mt Rainier HS Head Coach Ken Bush with current and past players.

<b>Age 7-11</b>			<b>\$100R \$110NR</b>
M-Th	July 13-17	9am-12pm	Mt. Rainier Gym
<b>Age 12-16</b>			<b>\$100R \$110NR</b>
M-Th	July 13-17	1-4pm	Mt. Rainier Gym

Discounts available for groups of 5 or more participants!

## Coach Appreciation Night

**Tuesday, June 9, 2015 6-7:30pm Field House**

ATTENTION PAST, PRESENT AND FUTURE COACHES!

We want to celebrate you and thank you for your service! You are invited to join us for appreciation night and enjoy some Ice cream. Coaches are welcome to bring family, but please RSVP by June 4, 2015 so we can make sure to have enough goodies. For more information contact Matt Gehrke at 206-870-6528.



# Camp KHAOS

## SUMMER CAMP



### Camp KHAOS

**(Kids Having An Outrageous Summer!)**

Monday- Friday 6:30am-6pm Field House

Let us fill your child's summer days with play, fitness, friendship and new experiences under the supervision of caring, experienced camp staff. Leaders plan amazing activities – arts, outdoor games, friendly challenges and swimming all around in weekly theme. It's all here! All participants receive a Camp KHAOS T-shirt.

Multiple child discounts are applied within immediate family. Call 206-870-6527 for information.

Note: \$10 Discount when registered and paid one week in advance. \$6 discount applies to Pre-week and Week-11.

#### Age 4-11

Registration Fee: \$25R \$30NR  
 Pre Week & Week-11: \$95R \$98NR  
 Week 1-10: \$158R \$163NR  
 Daily Rate w/o Field Trip: \$40R \$45NR  
 Daily Rate w/Field Trip: \$50R \$55NR



**Scholarships Available!**

#### K2 Teens

K2 will have your teen out on adventures throughout the week building new friendships, playing games, and creating memories! K2-Teens will join in on KHAOS trips and the K2 trip listed plus a bonus trip tbd.

#### Age 12-15

Registration Fee: \$25R \$30NR  
 Pre Week & Week-11: \$105R \$108NR  
 Weeks 1-10: \$174R \$179NR  
 Daily Rate w/o Field Trip: \$45R \$50NR  
 Daily Rate w/Field Trip: \$55R \$60NR

*Free Lunch for All KHAOS Participant!*

WEEK	DATES	THEMES/HIGHLIGHTS	WEEKLY ADVENTURE
Pre	6/17-19	Summer Warm Up	Walking Excursions Around Town
1	6/22-26	TAG, You're IT!	KHAOS & K2: Tag Zone K2: Community Care Service projects
2	6/29-7/3	Creepy, Crawly Freak-Out	KHAOS & K2: Reptile Man K2: West Hylebos Wetlands Park
3	7/6-10	Jump, Jivin', Jellybeans	KHAOS & K2: Trampoline Nation K2: UW Tour
4	7/13-17	Sports Storm Blowout	KHAOS & K2: Seattle Storm Game K2: Safeco Field Tour
5	7/20-24	Sharks, Camels & Polar Bears...Oh MY!	KHAOS & K2: Point Defiance Zoo K2: Community Care Service Projects
6	7/27-31	Splish Splash Beach Bash	KHAOS & K2: Dash Point State Park K2: Tacoma Rainiers
7	8/3-7	10-Pin Knockout	KHAOS & K2: Hiline Lanes K2: EMP
8	8/10-14	Weird Science	KHAOS & K2: Science on Wheels K2: Science Dome
9	8/17-21	Fun & Games	KHAOS & K2: Family Fun Center K2: Wild Waves
10	8/24-28	Backyard BBQ	KHAOS & K2: Gene Coulon BBQ K2: Community Care Service Projects
11	8/31-9/2	Let's Go To The Movies	KHAOS & K2: Starplex



### Swimming this summer?

The KHAOS Swimmer's Shuttle transports Camp KHAOS campers to lessons at Mount Rainier Pool.

10-lessons M-F Morning swim sessions \$65

Session-1 June 22-July 3  
 Session-2 July 6-17  
 Session-3 July 20-July 30  
 Session-4 Aug 3-14  
 Session-5 Aug 17-30

# DES MOINES Summer EVENTS CALENDAR



EVENT	DATE	TIME	LOCATION
Des Moines Waterfront Farmers Market	Sat June 06- Oct 31	10am-2pm	Marina Parking Lot
Des Moines Waterfront Farmer's Market	Wed July 01-Aug 26	3-7pm	Marina Parking Lot
Beach Park Dining Hall Opening Celebration	July 01	4-6pm	Des Moines Beach Park Dining Hall
Beach Concert: Joey Jewel	July 01	7-8:30pm	Des Moines Beach Park Meadow
Destination Des Moines Community BBQ Beer & Wine Garden	July 01	5:30-7pm	Des Moines Beach Park Meadow
		5:30-8pm	Beach Park Meadow
Fireworks Over Des Moines	July 04	10:30pm	Marina Parking Lot
Beach Concert: Uncle Ernie Band	July 08	7-8:30pm	Des Moines Beach Park Meadow
Beach Concert: Wings N Things	July 15	7-8:30pm	Des Moines Beach Park Meadow
Waterland Kid's Carnival	July 17-19	Varies	Field House Park
Waterland 5K FunD Run & Walk	July 18	9am	Marina Parking Lot
Waterland Parade	July 18	5:45pm	Marine View Drive
Wheels & Keels-Classic & Modified Car, Motorcycle & Wooden Boat Show	July 17-19		Marina
		Keels	
Wheels	July 19	10am-4pm	Marina Parking Lot
Beach Concert: Tabaluba	July 22	7-8:30pm	Des Moines Beach Park Meadow
Beach Concert: Picoso	July 29	7-8:30pm	Des Moines Beach Park Meadow
Shakespeare in the Park: As You Like It	Aug 01	7-8:30pm	Des Moines Beach Park Meadow
Beach Concert: Island Jazz Quintet	Aug 05	7-8:30pm	Des Moines Beach Park Meadow
Movie Night in the Park : Goonies	Aug 07	After Sunset	Des Moines Beach Park Meadow
Beach Concert: Ayrton Jones and the Way	Aug 12	7-8:30pm	Des Moines Beach Park Meadow



# Rec'n 2011

SUMMER 2015

## Camps, & More



**Beach Park  
Summer  
Concert**  
SCHEDULE pg 13

